

The Town I Loved So Well

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Music: *The Town I Loved So Well* by Phil Coulter 2:52

Album *Classic Tranquility* by Phil Coulter, available on iTunes

Speed for comfort +5% to +10%

Slow Two-Step

Phase III + I

Easy

Sweet Heart Run

Intro – A – A – B – B – C – D – End

INTRO

(0-4) Wait pick-up notes & 2 measures in open facing position, lead foot free;;

Apart Point; Together Touch, Closed Position;

Measure Cue	Leader (M)	Follower (W)
0-2 Wait pick-up notes;	Wait pick-up notes in open facing position, lead foot free;;	
3-4 Apart, Point; Together Touch low BFLY;	L apt, -, point R twd ptr; R tog, -, touch L to R;	R apart, -, point L twd ptr; L tog, -, touch R to L;
	CP, M facing WALL	

A

(1-4) Basic;; Underarm Turn; Open Basic2x;

(5-8) ; Basic Ending; Lunge Basic 2x;;

1-2 Basic;;	Sd L, -, beh R, rec L; Sd R, -, beh L, rec R;	Sd R, -, beh L, rec R; Sd L, -, beh R, rec L;
3 Underarm Turn;	Sd L lead W to prepare turn RF, -, lead W to turn beh R, rec L;	Sd R comm RF turn, -, XLif turn 1/2, rec fwd R comp turn;
	LOP	
4-5 Open Basic 2;;	Turning 1/8 LF sd R scooping W with R-Arm, -, turning 1/8 LF to V-Pos XLib, rec R turning to fc W; Turning 1/8 RF sd L scooping W with L-Arm, -, turning 1/8 RF to V-Pos XRib, rec L turning to fc W;	Turning 1/8 RF sd L with L-Arm, -, turning 1/8 RF to V-Pos XRib, rec L turning to fc M; Turning 1/8 LF sd R, -, turning 1/8 LF to V-Pos XLib, rec R turning to fc M;
6 Basic Ending;	Sd R, -, beh L, rec R;	Sd L, -, beh R, rec L;
7-8 Lunge Basic 2x;;	Lunge sd L, -, rec R, XLif; Lunge sd R, -, rec L, XRif;	Lunge sd R, -, rec L, XRif; Lunge sd L, -, rec R, XLif;

B

(1-4) Underarm Turn; Sweet Heart Wrap; Sweet Heart Run 2x;;

(5-8) Circle Away Away & Together Together;;;

1 Underarm Turn;	→ A.3	
2 Sweetheart Wrap;	Join trail hands low Sd R lead W to prepare turn LF, -, lead W to turn XLib, rec fwd R turning to fc LOD wrap position;	Join trail hands low Sd L comm LF turn, -, XRif turn 1/2, rec fwd L comp turn to fc LOD wrap position;
3-4 Sweetheart Runs 2x;;	Fwd & sd L, -, fwd & X R, fwd & sd L; Fwd & X R, -, fwd & sd L, releasing hands fwd R;	Fwd & sd R, -, fwd & X L, fwd & sd R; Fwd & X L, -, fwd & sd R, releasing hands fwd L;
5-8 Circle;;;	Circle away L, -, R, L; R, -, L, R turning to fc ptr; Circle together L, -, R, L; R, -, L, R;	Circle away R, -, L, R; L, -, R, L turning to fc ptr; Circle together R, -, L, R; L, -, R, L;

C

(1-8) Basic;; Underarm Turn; Open Basic; Switches;; Open Basic 2x;;

(9-12) Basic;; Underarm Turn; Open Basic;

(13-16) Switches;; Open Basic; Basic Ending Picking Up low BFLY;

1-2 Basic;;	→ A.1-A.2	
3 Underarm Turn;	→ A.3	
4 Open Basic;	→ A.4	
5-6 Switches;;	Turning 3/8 RF X in front of W sd & bk L in front of ptr, -, cont turn 3/8 RF fwd & sd R V-Pos ld arms/LOD, fwd & aX L; Turning 1/8 RF small sd & fwd R leading W to X in front, -, cont turn 1/8 RF sd & fwd L V-Pos trl arms/LOD, fwd & aX R;	Turning 1/8 RF small sd & fwd R M will X in front, -, cont turn 1/8 RF sd & fwd L V-Pos ld arms/LOD, fwd & aX R; Turning 3/8 RF X in front of W sd & bk L in front of ptr, -, cont turn 3/8 RF fwd & sd R V-Pos trl arms/LOD, fwd & aX L;
	V-Pos trl arms/LOD	
7 Open Basic;	→ A.5	
8 Basic Ending (Picking-Up);	Sd R, -, beh L, rec R lead W fwd;	Sd L, -, beh R, rec L fwd to prep pick-up;

D

(1-4) Traveling Chasses;;; Woman Check It;

(5-8) Bolero Wheel 12;;; to Face;

1-4 Traveling Chasses;;; Chasse to FC;	Fwd L X LOD comm turning LF R-shoulder leading low BFLY, -, turning 1/8 LF sd R, cl L; Fwd R X LOD comm turning RF L-shoulder leading, -, turning RF 1/8 sd L, cl R; Fwd L X LOD comm turning LF R-shoulder leading, -, turning LF 1/8 sd R, cl L; Fwd R X LOD comm turning RF L-shoulder leading, -, turning to fc ptr/WALL sd L, cl R;	Turning 3/8 LF X in front of M sd & bk R, - low BFLY, turning LF 1/8 sd L, cl R; Bk L X LOD comm turning RF R-shoulder leading, -, turning RF 1/8 sd R, cl L; Bk R X LOD comm turning LF L-shoulder leading, -, turning LF 1/8 sd L, cl R; Bk L X LOD comm turning RF R-shoulder leading, -, turning to fc ptr/COH sd R, cl L checking;
5-8 Bolero Wheel 12 to Face;	Wheeling L to BOL, -, R, L; R, -, L, R; L, -, R, L; R, -, L R;	Wheeling R to BOL, -, L, R; L, -, R, L; R, -, L, R; L, -, R L;
Low BFLY WALL		

END

(1-4) Basic;; Underarm Turn; Sweet Heart Wrap;

(5-8) Sweet Heart Run 2x; slowing down; Sweet Heart Run; Forward, Slide Apart & Point;

1-2 Basic;;	→ A.1-A.2	
3 Underarm Turn;	→ A.3	
4 Sweetheart Wrap;	→ B.2	
5-7 Sweetheart Runs 3x;;	→ B.3, B.4, B.3	
8 Forward, Slide Apart & Point;	Fwd R, -, apt L, pt R twd ptr;	Fwd L, -, apt R, pt L twd ptr;

Notes

Sweetheart Wrap is a *Reverse Underarm Turn* variation with both hands joined, ending in wrap position LOD or RLOD. Man you have to take the second step as XLib.